

LESSON PLAN: FINDING ALLIES

| | | |
|--------------|---------------|--------------|
| Date: | Class: | Unit: |
|--------------|---------------|--------------|

| | |
|---------------------------------|---|
| LESSON TOPIC: | Finding allies to help you become your Awesome Best Self |
| AIM: | To identify the people in a student's family, school, and community who will help them reach their personal goals. |
| OBJECTIVES: | Students will be able to: <ol style="list-style-type: none">1. Define the word "ally."2. Recognize positive qualities found in allies.3. Identify the people in their own lives who support them as allies. |
| GET STARTED/ DO-NOW: | On the board, write down the word "ally" and its definition. Ask students to make a list of synonyms for the word "ally" and share their words with the class. |
| MINI-LESSON: | As a class, brainstorm qualities of people who would be considered allies – people who want to see an individual succeed. Write these qualities on the board. They can include: <ul style="list-style-type: none">• They care about the individual• They want the best for the individual• They are trustworthy and kind• They are willing to listen• They give good advice• They have helpful experiences that they can share |
| MAIN ACTIVITY: | <ol style="list-style-type: none">1. Ask each student to make a list of people who might be willing to help them achieve their goals or become their Awesome Best Self. These are the student's potential allies. This list can include:<ul style="list-style-type: none">• Family members• Friends• Neighbors• Teachers• Coaches |

LESSON PLAN: FINDING ALLIES

| Date: | Class: | Unit: |
|---------------------------------|--|-------|
| | <ul style="list-style-type: none"> • Counselors • Librarians • Community/Church/Religious Leaders • Troop Leaders <ol style="list-style-type: none"> 2. As a class, brainstorm about how students can ask a potential ally to help them achieve their goals. 3. Divide the students into groups. Ask students to role play being the person asking and the person being asked. 4. Ask students to write some sample scripts for the conversation on Page 25 (Script it Out) of the Building Grit Kit. | |
| CLOSING ACTIVITY: | Each student shares with the class one person they have identified as an ally and why. | |
| EXTENSIONS: | <p>Ask the students to write a letter to a potential ally asking them for help with a particular goal.</p> <p>Ask the students to collect photos of each person that they have identified as an ally. Create a collage with the photos and the words “My Allies.”</p> <p>Instruct students to think of one person whom they can help as an ally. Ask them to write a paragraph describing how they could help that individual.</p> | |
| CHECK FOR UNDERSTANDING: | Student can identify at least one potential ally and has a script for a conversation with that potential ally | |
| MATERIALS: | <p>Building Grit Kit by Jo Watson Hackl</p> <p>Paper</p> <p>Pencils or pens</p> | |

LESSON PLAN: FINDING ALLIES

| | | |
|--------------|---------------|--------------|
| Date: | Class: | Unit: |
|--------------|---------------|--------------|

| | |
|-------------------|---|
| STANDARDS: | CCSS.ELA-LITERACY.CCRA.SL.1 CCSS.ELA-LITERACY.CCRA.SL.2 CCSS.ELA-LITERACY.CCRA.SL.3 CCSS.ELA-LITERACY.CCRA.L.1 CCSS.ELA-LITERACY.CCRA.L.2 CCSS.ELA-LITERACY.SL.6.1-8.1 |
|-------------------|---|